



SUGGESTIONS

1. Cut out the packing list below
2. Add any additional items to pack in the blank boxes
3. Laminate at your local office supply store
4. Hang packing list in a visible location near your gear
5. Use a Dry Erase marker or grease pencil to check off as you pack
6. Tell somebody where you are going and when to expect you back
7. Show up at the trailhead with the confidence you have everything!



BACKPACKING PACKING LIST

- | | |
|---|--|
| <input type="checkbox"/> LEKI TREKKING POLES | <input type="checkbox"/> CAMERA/PHONE |
| <input type="checkbox"/> BACKPACK | <input type="checkbox"/> REPAIR KIT |
| <input type="checkbox"/> TENT/RAINFLY | <input type="checkbox"/> EMERGENCY BIVY SACK |
| <input type="checkbox"/> WATER/H2O FILTER | <input type="checkbox"/> CAMP STOVE/JETBOIL |
| <input type="checkbox"/> RAIN JACKET/PONCHO | <input type="checkbox"/> MATCHES/LIGHTER |
| <input type="checkbox"/> HIKING BOOTS | <input type="checkbox"/> FOOD/SNACKS |
| <input type="checkbox"/> SUNSCREEN/BUG SPRAY | <input type="checkbox"/> WHISTLE |
| <input type="checkbox"/> MAP/GPS | <input type="checkbox"/> TOILETRIES/RX |
| <input type="checkbox"/> MULTITOOL/KNIFE | <input type="checkbox"/> EXTRA CLOTHING/SOCKS |
| <input type="checkbox"/> FIRST AID/BLISTER KIT | <input type="checkbox"/> BEAR SPRAY |
| <input type="checkbox"/> HEADLAMP/FLASHLIGHT | <input type="checkbox"/> <input type="text"/> |
| <input type="checkbox"/> TOILET PAPER/TROWEL | <input type="checkbox"/> <input type="text"/> |
| <input type="checkbox"/> SUNGLASSES | <input type="checkbox"/> <input type="text"/> |
| <input type="checkbox"/> SLEEPING BAG/PAD/PILLOW | |

For additional copies visit US.LEKI.COM/PACKINGLISTS