



#### INSTRUCTIONS:

1. Cut out the packing list below
2. Add any additional items to pack in the blank boxes
3. Laminate at your local office supply store
4. Hang packing list in a visible location near your gear
5. Use a Dry Erase marker or grease pencil to check off as you pack
6. Tell somebody where you are going and when to expect you back
7. Show up at the trailhead with the confidence you have everything!



# DAY HIKE PACKING LIST



- |   |  |
|---|--|
| <input type="checkbox"/> <b>LEKI</b> TREKKING POLES | <input type="checkbox"/> CAMERA/PHONE          |
| <input type="checkbox"/> BACKPACK                   | <input type="checkbox"/> REPAIR KIT            |
| <input type="checkbox"/> WATER/H2O FILTER           | <input type="checkbox"/> EMERGENCY BIVY SACK   |
| <input type="checkbox"/> FOOD/SNACKS                | <input type="checkbox"/> WHISTLE               |
| <input type="checkbox"/> RAIN JACKET/PONCHO         | <input type="checkbox"/> EXTRA CLOTHING/SOCKS  |
| <input type="checkbox"/> HIKING BOOTS               | <input type="checkbox"/> FIRST AID/BLISTER KIT |
| <input type="checkbox"/> SUNSCREEN/BUG SPRAY        | <input type="checkbox"/> HEADLAMP              |
| <input type="checkbox"/> MAP/GPS                    | <input type="checkbox"/> _____                 |
| <input type="checkbox"/> MUTLITOOL/KNIFE            | <input type="checkbox"/> _____                 |
| <input type="checkbox"/> TOILET PAPER/TROWEL        | <input type="checkbox"/> _____                 |
| <input type="checkbox"/> SUNGLASSES                 | <input type="checkbox"/> _____                 |

FOR ADDITIONAL COPIES VISIT  
[US.LEKI.COM/HIKINGPACKINGLIST](http://US.LEKI.COM/HIKINGPACKINGLIST)