

INSTRUCTIONS:

- 1. Cut out the packing list below
- 2. Add any additional items to pack in the blank boxes
- 3. Laminate at your local office supply store
- 4. Hang packing list in a visible location near your gear
- 5. Use a Dry Erase marker or grease pencil to check off as you pack
- 6. Tell somebody where you are going and when to expect you back
- 7. Show up at the trailhead with the confidence you have everything!

BACKPACKING PACKING LIST



TREKKING POLES	CAMERA/PHONE
BACKPACK	REPAIR KIT
TENT/RAINFLY	EMERGENCY BIVY SACK
WATER/H20 FILTER	CAMP STOVE/JETBOIL
RAIN JACKET/PONCHO	MATCHES/LIGHTER
☐ HIKING BOOTS	FOOD/SNACKS
☐ SUNSCREEN/BUG SPRAY	WHISTLE
MAP/GPS	☐ TOILETRIES/RX
MUTLITOOL/KNIFE	EXTRA CLOTHING/SOCKS
FIRST AID/BLISTER KIT	BEAR SPRAY
HEADLAMP/FLASHLIGHT	
TOILET PAPER/TROWEL	
SUNGLASSES	
SLEEPING BAG/PAD/PILLO	OW WO

FOR ADDITIONAL COPIES VISIT
US.LEKI.COM/BPPACKINGLIST